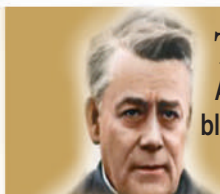




# The Catholic Parish of Pittwater

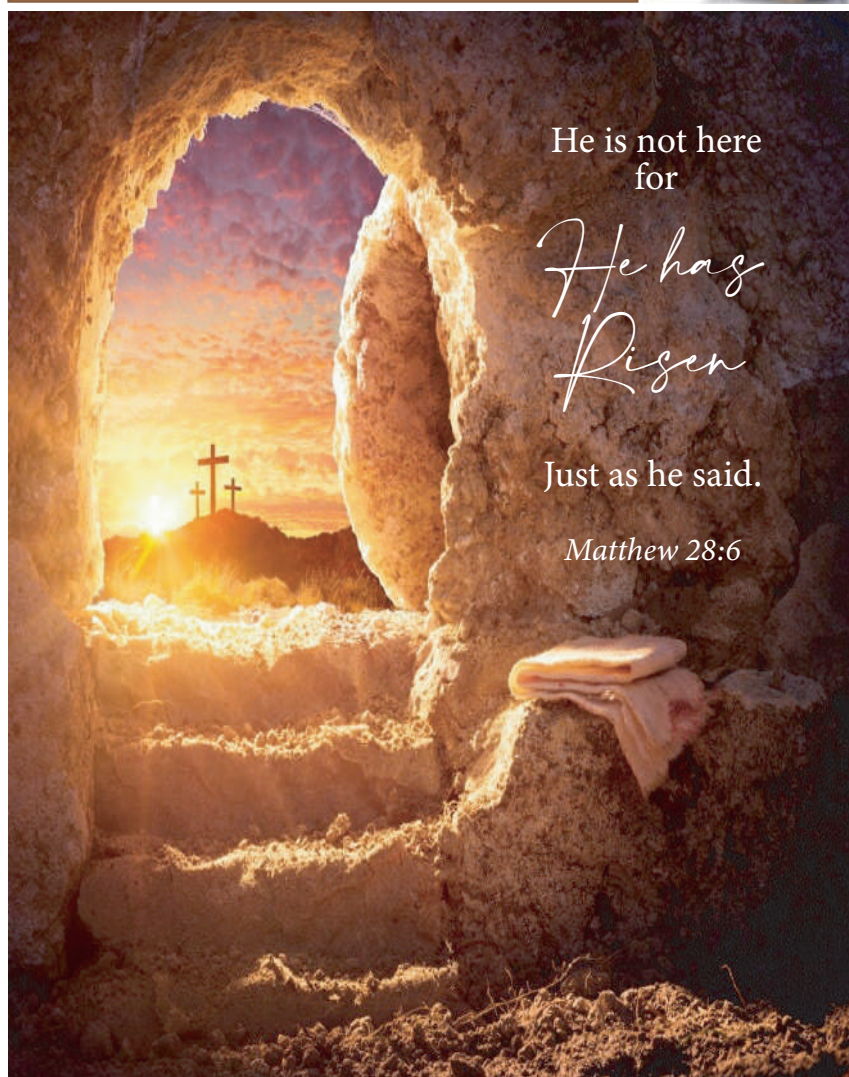
Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -  
*Sacred Heart Church and Maria Regina Church*



## Thoughts of Blessed Francis Jordan

At this holy Easter time I wish you every happiness and blessing. May the dear God sustain you in his holy grace. May the Risen Saviour...fill you more with his Spirit.



He is not here  
for

*He has  
Risen*

Just as he said.

*Matthew 28:6*

## Consecration to the Divine Mercy

Jesus, the Divine Mercy,  
I consecrate my entire life,  
from this day on,  
to You without reserve.

Into Your hands,  
I abandon my past, my present  
and my future.

From this day forward,  
make me a true follower of  
Your teaching.

Let Your Divine Mercy image  
protect my home and my family  
from all the powers of evil  
in this world today.

May all who venerate it never perish,  
may it be their joy in life,  
their hope in death and their  
glory in eternity.

Amen.

## SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



## POPE FRANCIS' PRAYER INTENTION FOR APRIL

### For the Use of the New Technologies

*Let us pray that the use of the new technologies will not replace relationships, will respect the dignity of the person, and will help us face the crises of our times.*



## MASS TIMES

### Sacred Heart Church

1 Keenan Street, Mona Vale

#### WEEKDAY MASSES

**Tuesday 9.30 am**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

**Wednesday 9.30 am**

**Thursday 7 pm**  
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

**Friday 9:30 am**  
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

#### WEEKEND MASSES

**Saturday Vigil 5.00 pm**  
**Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)**

#### RECONCILIATION

**Saturday Vigil**  
4.00 pm to 4.30 pm

#### BAPTISM

**4th Sunday of the Month**  
11.30 am

### Maria Regina Church

7 Central Road, Avalon

#### WEEKDAY MASSES

**Monday 8.00 am**

**Wednesday 8.00 am**

**Thursday 10 am**  
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

**Friday 8.00 am**  
First Friday of the month, Healing Mass/ Anointing of the Sick at 8.00 am

#### WEEKEND MASSES

**Saturday Vigil 6.00 pm**  
**Sunday 9.00 am**

#### RECONCILIATION

Before Vigil Mass on Saturday

#### BAPTISM

**3rd Sunday of the Month**  
11.00 am

## We Pray for

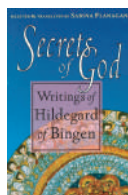
Recently Deceased  
**James "Jim" Colnan**

*May all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*

### Prayer for the Sick

Anna Śmigowska  
Lily Janosik  
Trish Newman  
Giannina Amore  
Bruce Farr  
Maureen Larios  
Owen Graham  
Elaine Boyes  
Pauline Chipman  
Ron Clarke  
Barbara Clarke  
Anna Katanec  
Mother Pauline  
Angela Miller  
Philip Khalifeh  
Joseph Khalifeh  
Heidi Taylor  
Cathy Dyer  
Jacinta Purnell - Major

## BOOK REVIEW



**Secrets of God**  
Writings by  
Hildegard of Bingen

The fascinating book reveals the many talent of Hildegard. Her visionary writings include her understanding of music, poetry, medicine, science and cover a very wide selection. The index is extensive and the reader will have difficulty in choosing which chapter to read first.



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The Catholic Parish  
of Pittwater

You can find us on Instagram



(catholicparishpittwater)

### Liturgy for the Week

- 21/04 Monday, within the Octave of Easter  
Acts 2:14, 22-33; Mt 28:8-15
- 22/04 Tuesday, within the Octave of Easter  
Acts 2:36-41; Jn 20:11-18
- 23/04 Wednesday, within the Octave of Easter  
Acts 3:1-10; Lk 24:13-35
- 24/04 Thursday, within the Octave of Easter  
Acts 3:11-26; Lk 24:35-48
- 25/04 Friday, within the Octave of Easter  
Acts 4:1-12; Jn 21:1-14
- 26/04 Saturday, within the Octave of Easter  
Acts 4:13-21; Mk 16:9-15

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Pittwater

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Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



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**App Store**



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## He has Risen!

It is joyful and hope-filled occasion for all of us to celebrate life, that Christ is truly risen and alive.

In this Easter season, "let us look again at the lives we have been so generously given and let us fall away the useless baggage that we carry - old pain, old habits, old ways of seeing and feeling - and let us have the courage to begin again." May you and all your loved ones be filled with happiness and the peace of the Risen Christ.

Have a Blessed Easter!

Fr Richard and Fr Zygmunt



## SACRAMENTAL PROGRAM UPDATE

### SACRAMENT OF CONFIRMATION

This year the Sacrament of Confirmation will be on **Saturday, 21 June 2025**

*Children in Year 3 and above are eligible to receive the Sacrament of Confirmation if they have been baptised.*

*For more information about the requirements, the preparation program, enrolments, etc.*

you **MUST** attend one

**"Parent Information & Commitment"**

session which will take place at **7.00pm:**

**Wednesday 30 April**

**Sacred Heart Church, Mona Vale**

**Thursday 1 May**

**Maria Regina Church, Avalon**

We need facilitators for the four weekly preparation sessions.

If you would like to be a group facilitator or would like to have more information about the role, please contact Sonia as soon as possible at [sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)

## Parish Directory

### Pittwater Parish

1 Keenan Street,  
Mona Vale  
NSW 2103  
Tel 9157 0999

Parish Priest

**Fr Richard Sadowski SDS**

Tel 9157 0999 ext 10

[pp@pittwaterparish.org](mailto:pp@pittwaterparish.org)

Assistant Priest

**Fr Zygmunt Smigowski SDS**

Tel 9157 0999 ext 12

[ap@pittwaterparish.org](mailto:ap@pittwaterparish.org)

Parish Secretary

**Belinda Cimino**

Tel 9157 0999 ext 30

[office@pittwaterparish.org](mailto:office@pittwaterparish.org)

Administrative Assistant

**Shereae Knight**

Tel 9157 0999 ext 30

[office@pittwaterparish.org](mailto:office@pittwaterparish.org)

Media & Communications  
Coordinator

**Conille Felias**

Tel 9157 0999 ext 31

[media@pittwaterparish.org](mailto:media@pittwaterparish.org)

Sacramental Coordinator

**Sonia Samartin**

Tel 9157 0999 ext 13

[sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)

CCD Catechist  
Coordinators

**Maureen Wooldridge**

Mobile 0421 907 469

**Veronica Thomas**

Mobile 0417 061 534

**Sacred Heart Church**

1 Keenan Street, Mona Vale

**Maria Regina Church**

7 Central Road, Avalon

## SCHOOLS

**Sacred Heart School**

Mona Vale

Tel 8197 6900

Principal: Mr Jamie Wahab

**Maria Regina School**

Avalon

Tel 7256 2138

Principal: Ms Kirsty Thorpe

**Mater Maria Catholic College**

Warriewood

Tel 7256 2100

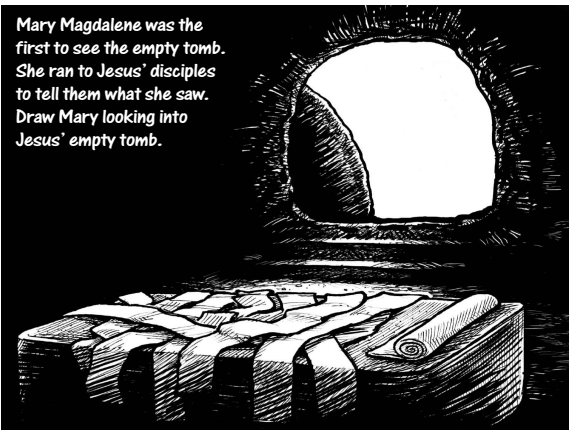
Principal: Mr Marc Reicher



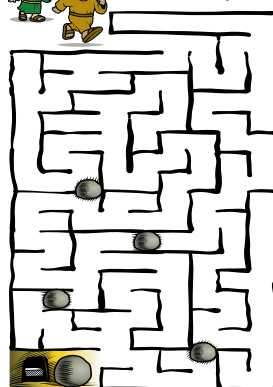
## He is risen! Alleluia!

Easter Sunday of the Resurrection of the Lord

Mary Magdalene was the first to see the empty tomb. She ran to Jesus' disciples to tell them what she saw. Draw Mary looking into Jesus' empty tomb.



Help the disciples find their way to Jesus' empty tomb.



**This is the day the Lord has made. Let us rejoice!**

What can you do to make people glad today?

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Fill in the missing words below to find out what the letters in the boxes spell.

Mary M  went to the tomb.

"They have taken the  from the tomb", she said.

Peter was a d  of Jesus.

The other disciple ran f  than Peter.

He saw the strips of  cloth lying inside the tomb.

B  he did not go in.

When he saw  he believed.

The Scriptures s  Jesus would rise to life.





## The Divine Mercy Sunday

**27th April**  
**Sacred Heart Church,**  
**Mona Vale**  
**at**  
**3.00 pm**

**Exposition of the Blessed Sacrament,  
Adoration, Reconciliation, Benediction  
and The Divine Mercy Chaplet**

### **Novena**

The Divine Mercy novena prayers were given to St Faustina through an apparition of our Lord Jesus. Each day has a new petition that seeks God's mercy for different purposes.

The message of the Divine Mercy is a powerful and moving way to come closer to Christ. His Mercy is central to our lives and we must continually depend on it and ask for it daily.

The Divine Mercy Novena begins on Good Friday and goes until Divine Mercy Sunday.

*You can join thousands of people in praying the novena this year!*

**CARITAS AUSTRALIA  
PROJECT  
COMPASSION**

**EASTER SUNDAY  
20th April 2025**

**Happy Easter from all of us at caritas Australia!**

**As we celebrate this season of hope and renewal,  
we want to express our heartfelt gratitude for  
your support through Caritas Australia's  
Project Compassion this Lent.**

**As we reflect on the Easter message of love,  
compassion and new beginnings, we are  
reminded of the incredible impact your  
contributions make. Together, we are building  
a world where no one is left behind.**

**Thank you for standing with us, as we  
Unite Against Poverty through Caritas Australia's  
Project Compassion 2025 Lenten appeal.**



**UNITE  
AGAINST  
POVERTY**  
this Lent

### **IT'S NOT TOO LATE TO DONATE**

**If you still have your Project Compassion  
box or set of envelopes at home,  
please bring them back to the Church  
or Parish Office. THANK YOU**

## **Welcome to Pittwater Parish**

**Sophie Annabelle  
Homan**

**Edith Jean Ellis**

**Charlie Oliver Homan**

**Emily Maningas**

**Chloe Fernande  
Homan**

**Chloe Fernande  
Homan**

**Catarina Machado  
Chim**

**Addison Jean  
Beaumont**

**Caitlyn Maya  
Campbell**

**Emilia Blaxland**

**Molly Shirley Cox**

**Oscar Alfie Prentice**

**Xander George Cox**

**Jaden David Gurney**

**Sadie Michelle  
Donald**

**Zoe Lieselotte  
Gurney**

**Mia Lorraine Hart**

**Mabel Sue Donald**

**Ethan William Walter  
Ellis**

**at Sacred Heart Church Mona Vale**

**23rd of March 2025**

**for the Sacrament of BAPTISM**



## **Jesus Christ's Great Promise about the Divine Mercy Sunday to Mankind**

*(excerpt from her diary, 699)*

On one occasion, I heard these words: My daughter, tell the whole world about My inconceivable mercy. I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the Fount of My Mercy. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which graces flow are opened. Let no soul fear to draw near to Me, even though its sins be as scarlet. My mercy is so great that no mind, be it of man or of angel, will be able to fathom it throughout all eternity. Everything that exists has come forth from the very depths of My most tender mercy. Every soul in its relation to Me will contemplate My love and mercy throughout eternity. The Feast of Mercy emerged from My very depths of tenderness. It is My desire that it be solemnly celebrated on the first Sunday after Easter. Mankind will not have peace until it turns to the Fount of My Mercy.

**THANK  
YOU!**

I would like to take this opportunity to thank our wonderful and dedicated musicians, singers, senior and junior servers, readers, computer operators and all involved in our Easter Celebrations.

Thank you to all our parishioners for your contributions and support throughout the year.

Your financial contributions in our Planned Giving Programme and your generous donations this year to the Pastoral Works Broken Bay are greatly appreciated.

I also wish to extend a warm welcome to any new parishioners to Pittwater Parish.

*Fr Richard SDS*

## **ANZAC DAY 25th April**

**Special Commemoration  
at the 10am Mass  
on Sunday, 27th April  
Sacred Heart Church, Mona Vale**



### **Pope Francis' Easter Message**



May the glory of Jesus' Resurrection remind us that with You, nothing is impossible or without hope. On this holy day, and this season of renewal, we pray in thanksgiving for the many blessings You give us. We pray in Your name. Amen.

### **PARISH MORNING TEA GATHERING**

*Everyone is welcome to join and get to know everyone in our Parish Community*  
Every month after the  
8 am Mass on the  
1st Sunday and  
after the 10 am Mass on  
the 3rd Sunday at  
**SACRED HEART CHURCH,  
MONA VALE**  
2nd and 4th Sundays  
after the 9 am Mass  
at the front of  
**MARIA REGINA CHURCH,  
AVALON**

## *Trivia Night*



### **FRIENDS OF SOIBADA @ AV BOWLO**

**17th of May, 6.30pm  
AVALON BOWLING CLUB**

**TICKET  
\$20**

Book your tickets for a great night of fun for a fantastic cause! All funds will be going to education and dental hygiene programs.





# The *Living* Word

**Entrance Antiphon** Psalm 138:18,5-6

I have risen, and I am with you still,  
alleluia.  
You have laid your hand upon me,  
alleluia.  
Too wonderful for me, this knowledge,  
alleluia, alleluia.

## **First Reading**

Acts of the Apostles 10:34. 37-43

### **A reading from the Acts of the Apostles**

*We have eaten and drunk with him after his resurrection from the dead.*

Peter addressed Cornelius and his household: 'You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil. Now I, and those with me, can witness to everything he did throughout the countryside of Judaea and in Jerusalem itself: and also to the fact that they killed him by hanging him on a tree, yet three days afterwards God raised him to life and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.'

## **The word of the Lord**

### **Responsorial Psalm**

Ps 117:1-2. 16-17. 22-23. R. v.24

**(R.) This is the day the Lord has made; let us rejoice and be glad.**

Give thanks to the Lord for he is good,  
for his love has no end. Let the sons of  
Israel say: 'His love has no end.' (R.)

The Lord's right hand has triumphed;  
his right hand raised me up. I shall not  
die, I shall live and recount his deeds.  
**(R.)**

The stone which the builders rejected  
has become the corner stone. This is the  
work of the Lord, a marvel in our eyes.  
**(R.)**

## **Second Reading**

Colossians 3:1-4

### **A reading from the letter of St Paul to the Colossians**

*Look for the things that are in heaven,  
where Christ is.*

Since you have been brought back to true  
life with Christ, you must look for the  
things that are in heaven, where Christ is,  
sitting at God's right hand. Let your

thoughts be on heavenly things, not on  
the things that are on the earth, because  
you have died, and now the life you have  
is hidden with Christ in God. But when  
Christ is revealed – and he is your life –  
you too will be revealed in all your glory  
with him..

## **The word of the Lord.**

### **Sequence**

The sequence is said or sung on this day.  
On the weekdays of the Octave of Easter,  
its use is optional.

Christians, to the Paschal Victim offer  
sacrifice and praise.

The sheep are ransomed by the Lamb;  
and Christ, the undefiled,  
hath sinners to his Father reconciled.  
Death with life contended: combat  
strangely ended!

Life's own Champion, slain, yet lives to  
reign.

Tell us, Mary: say what thou didst see  
upon the way.

The tomb the Living did enclose;

I saw Christ's glory as he rose!

The angels there attesting;

shroud with grave-clothes resting.

Christ, my hope, has risen: he goes

before you into Galilee.

That Christ is truly risen from the dead  
we know.

Victorious king, thy mercy show!

### **Gospel Acclamation**

1 Corinthians 5:7-8

Alleluia, alleluia!

Christ has become our paschal sacrifice;  
let us feast with joy in the Lord.

Alleluia!

### **Gospel**

John 20:1-9

### **A reading from the holy Gospel according to John**

*The teaching of scripture is that he must  
rise from the dead.*

It was very early on the first day of the  
week and still dark, when Mary of  
Magdala came to the tomb. She saw that  
the stone had been moved away from the  
tomb and came running to Simon Peter  
and the other disciple, the one Jesus  
loved. 'They have taken the Lord out of  
the tomb' she said 'and we don't know  
where they have put him.'

So Peter set out with the other disciple to  
go to the tomb. They ran together, but the  
other disciple, running faster than Peter,  
reached the tomb first; he bent down and  
saw the linen cloths lying on the ground,  
but did not go in. Simon Peter who was  
following now came up, went right into  
the tomb, saw the linen cloths on the  
ground, and also the cloth that had been  
over his head; this was not with the linen  
cloths but rolled up in a place by itself.  
Then the other disciple who had reached

the tomb first also went in; he saw and  
he believed. Till this moment they had  
failed to understand the teaching of  
scripture, that he must rise from the  
dead.

## **The word of the Lord.**

### **Communion Antiphon**

1 Corinthians 5:7-8

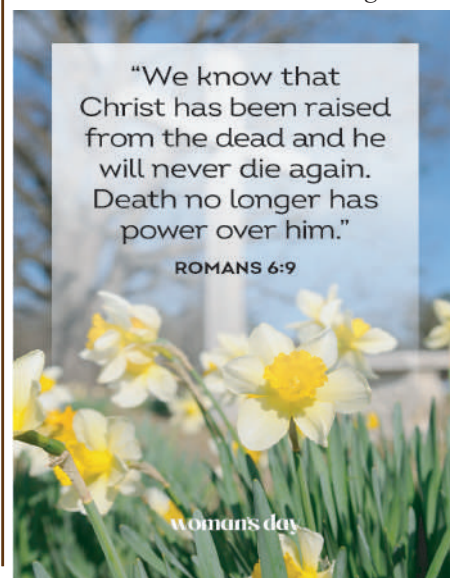
Christ our Passover has been sacrificed,  
alleluia; therefore let us keep the feast  
with the unleavened bread of purity and  
truth, alleluia, alleluia.

### **REFLECTION**

by Dianne Bergant

*Easter is the season of mystagogical catechesis, that instruction that unpacks the hidden mystery of the experience of the sacraments of initiation received or renewed at Easter. The readings of each Sunday concentrate on some aspect of this mystery. The central theme of this Sunday is newness of life in Christ. This newness is not without its historical context. It burst forth first in the resurrection of Christ, and then through the preaching of the first Christians. The readings testify that if we die with Christ, we will appear with him in glory; if we cast out the old yeast, we will be fresh dough. And when this wondrous transformation takes place, everything is new; everything is fresh. To what newness are we called? To what must we die in order to rise transformed? What old yeast of corruption must be cast out in order that we might be fresh dough? At Easter we renew our baptismal vows. What is it that we really renounce? Ours is a world of violence, of prejudice, of indifference. Too often we harbour feelings of anger and resentment, of selfishness and disdain. Easter proclaims that Christ has died and has risen; with him we die to all of the wickedness in our lives and in our world, and we set our hearts on higher things, on sincerity and on truth.*

© Dianne Bergant CSA



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We Meet

First & Third Tuesday of every Month

At 7pm

Sacred Heart Parish Centre

We will also be beginning a series on

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For any questions contact

Joe Cilla - 0418 863 814



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and the life;**

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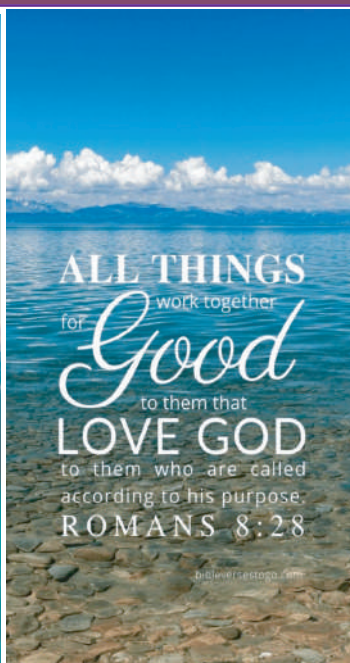
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Ph: 9918 3315

JOHNSON BROS.  
MITRE 10

For God so loved the  
world that he gave his  
one and only Son, that  
whoever believes in him  
shall not perish but have  
eternal life.

*John 3:16*



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"  
Now I know only  
in part; then I will  
know fully, even as  
I have been fully  
known. And now  
faith, hope, and  
love abide, these  
three; and the  
greatest of these is  
love."

-1CORINTHIANS 13:13

Woman's Day